

## Remote into your work desktop from a Mac

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1. Copy and paste this URL into your Internet browser -  
<https://one.uwmedicine.org/sites/its/Networks/Pages/SSLVPN%20Frequently%20Asked%20Question%20-%20Pulse%20Secure%20Mac%20Installation.aspx>
2. If you are prompted for a login, enter your UW Medicine (AMC) credentials. Username = "amc\*username*" (your username).
3. Follow the steps on that page to install and configure the Pulse Secure client and connect to the UW Medicine network. **NOTE:** This does not connect you to your work computer. It only connects your home computer to the UW Medicine network.
4. Now follow the steps on that page to install and configure the **Microsoft Remote Desktop** app from the App Store. You will need to know the **Fully Qualified Domain Name** of your work desktop. It will be in the format "**u-pbsci-cXXXa.amc.uwmedicine.org**".
5. Now that the **Pulse Secure** client is installed on your home computer, you can just open it and click **Connect** to connect to the UW Medicine network. Then open the **Microsoft Remote Desktop** app to connect to your desktop.