A note documenting reason for the referral must be written for all Psychiatry & Psychology referrals.

There are 2 ways to request a consult:

1) **For less urgent referrals** - Fill out a Consultation Request Form and fax it to the Psych Team Coordinator at (206) 288-2206.

2) **For more urgent referrals** - Leave a voicemail on the Consult Bellboy at (206) 405-7513. The voice mail will alert the on-call consultant of the referral.

When leaving a voice mail message, please include:

- Your name and phone number
- Patient name, SCCA/UW number, and team or service
- Pertinent clinical information, including reason for consult
- Urgency of consult (e.g. must be seen within a week, etc)

If the consult is emergent or if you would like to speak with the on-call consultant directly, you may type in your number and someone will get back to you promptly.

**Evening and weekend** coverage for psychiatric emergencies is provided by the on call psychiatry resident, who can be reached by calling the UWMC paging operator at (206) 598-6190.
**Services**

The Psychiatry & Psychology Service provides integrated outpatient psychiatry and psychology coverage MONDAY through FRIDAY, 8:30-5:00.

We can provide timely consultations to the oncology services at the SCCA for the psychiatric or behavioral needs of our patients. Consultations may range from a one-time visit to ongoing psychiatric care that may include eventual referral to other community resources.

**Examples of Referral Reasons**

- Past or ongoing psychiatric issues
- Psychiatric medication issues (e.g., appropriateness, interactions)
- Depression / Suicidal ideation
- Anxiety / Panic attacks
- Medical phobias / Food aversions
- Anger
- Sleep difficulties
- Delirium
- Confusion / Cognitive problems
- Non-compliance
- Decision-making difficulties
- Loss and grief
- Behavioral problems
- Substance abuse
- Body image and sexuality issues

**Examples of Services**

Depending on the needs of the patient and the treatment team, we will perform either a focused or a comprehensive initial psychiatric assessment.

Evidence-based treatment modalities used by our consultants include:

- Crisis Intervention
- Pharmacotherapy
- Cognitive-Behavioral Psychotherapy
- Behavioral Management
- Desensitization
- Relaxation & Imagery
- Hypnosis
- Patient Education
- Treatment Team Care Conferences

**Consultation notes can be found in ORCA or MINDscape.**

**Background**

The Psychiatry & Psychology Service was developed in 1985 to assist patients with cancer with their psychosocial needs.

The Psychiatry & Psychology Service provides direct consultation to the SCCA clinics. Our goal is to facilitate education, communication, and collaboration with the oncologists, physician assistants, nurses, social workers, and other health care providers in the recognition and treatment of the psychosocial needs of our patients.

If you have further questions, please contact:

Jesse Fann, MD, MPH
(206) 288-1030